



Nell Holcomb R-IV School

October 2016

Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 French toast sticks, fruit, & milk</p> <p>Chicken quesadilla, corn, applesauce, & milk</p>	<p>4 Biscuit w/gravy, sausage, juice/milk</p> <p>Chicken patty on bun, French fries, fruit salad, & milk</p>	<p>5 Cereal, cinnamon toast, fruit, & milk</p> <p>Salisbury steak w/gravy, whipped potatoes, green beans, hot roll, & milk</p>	<p>6 Bagel, fruit, & milk</p> <p>White chili, grilled cheese sandwich, fruit cup, & milk</p>	<p>7 Breakfast cookie, sweet rice, fruit, & milk</p> <p>Fish sticks, cheesy spinach, potato tots, fruit, & milk</p>
<p>10 Pancakes, sausage, fruit, & milk</p> <p>Corndog, pinto beans, peaches, & milk</p>	<p>11 Honeybun, fruit, & milk</p> <p>Cheeseburger, French fries, pears, chocolate cake, & milk</p>	<p>12 Cereal, cinnamon toast, fruit, & milk</p> <p>Chicken & noodles, green beans, peaches, hot roll, & milk</p>	<p>13 Muffin, yogurt, fruit, & milk</p> <p>Tomato soup, grilled cheese, pineapple, & milk</p>	<p>14 Scrambled eggs, toast, juice/milk</p> <p>Pizza, corn, apple slices, & milk</p>
<p>17 Breakfast pizza, juice/milk</p> <p>Spaghetti, corn, peaches, garlic bread, & milk</p>	<p>18 Cereal, cinnamon toast, fruit, & milk</p> <p>Turkey & cheese on bun, potato tots, applesauce, chocolate chip cookie, & milk</p>	<p>19 French toast sticks, fruit, & milk</p> <p>Chicken nuggets, whipped potatoes, gravy, biscuit, pears, & milk</p>	<p>20 Pop tart, oatmeal, fruit, & milk</p> <p>Juicy burger, baked beans, fried apples, & milk</p>	<p>21 <i>No School</i></p>
<p>24 Pancakes, sausage, fruit, & milk</p> <p>Taco salad, tortilla chips, pineapple, & milk</p>	<p>25 Scrambled eggs, toast, juice/milk</p> <p>Buffalo chicken, baked beans, salad, bread, & milk</p>	<p>26 Cereal, cinnamon toast, fruit, & milk</p> <p>Baked ham, sweet potatoes, green beans, fruit cup, hot roll, & milk</p>	<p>27 Muffin, yogurt, fruit, & milk</p> <p>Vegetable soup, grilled cheese, peaches, & milk</p>	<p>28 Honeybun, fruit, & milk</p> <p>Hotdog on bun, smiles, pears, <i>Booberry cake</i>, & milk</p>
<p>31 French toast sticks, fruit, & milk</p> <p>Fajita chicken, refried beans, Mexican rice, pineapple, & milk</p>				

*Baby carrot sticks, broccoli florets, and dried fruit offered daily to all students. * Salads offered daily to grades 6th through 8th.

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